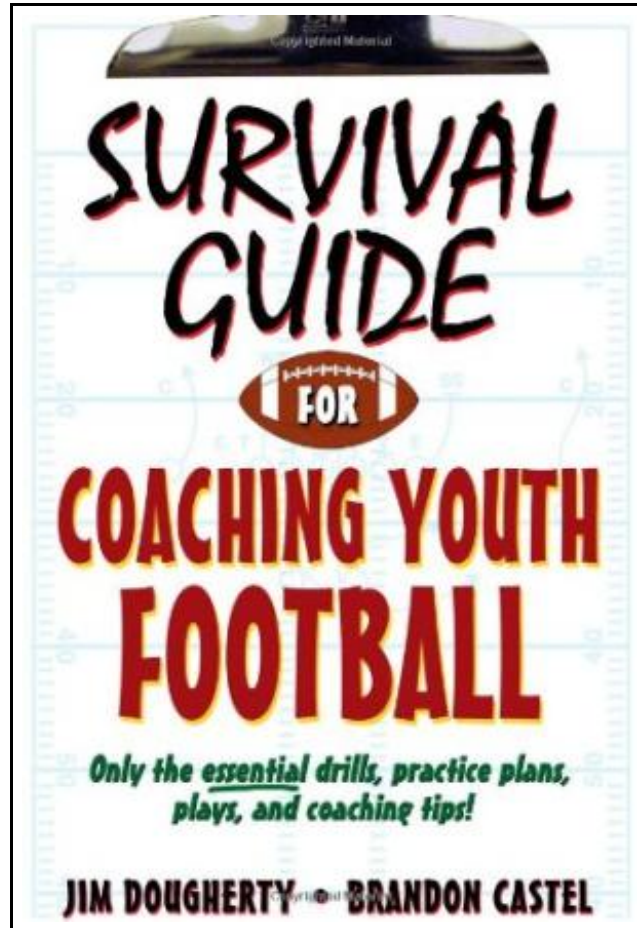


Survival Guide for Coaching Youth Football



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Reviews

*This created ebook is wonderful. I am quite late in start reading this one, but better then never. You may like the way the author compose this pdf.
(Frederic Lang)*

SURVIVAL GUIDE FOR COACHING YOUTH FOOTBALL



Human Kinetics Publishers. Paperback. Book Condition: New. Paperback. 168 pages. Dimensions: 9.9in. x 6.9in. x 0.5in. You volunteered to coach the football team, but are you ready? How will you teach the fundamental skills, run effective practices, and harness the energy of your young team? Fear not: Survival Guide for Coaching Youth Football has the answers. Longtime coach Jim Dougherty teams up with Brandon Castel to share experience and advice you can rely on from the first practice to the final game. It's all here in the drills and the plays: evaluating players skills, establishing realistic goals, offering in-game coaching tips, and making the practices fun! Develop your teams offensive and defensive skills for all positions with the Survival Guides collection of the games best youth drills. For plays that young players can actually run, flip to the Survival Guides offensive playbook and defensive alignments. And to get the most out of every practice, follow the ready-to-use practice plans. Turn to the series that has already guided thousands of first-time coaches in basketball, soccer, and softball to rewarding and productive seasons. With Survival Guide for Coaching Youth Football, you're already well on your way. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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