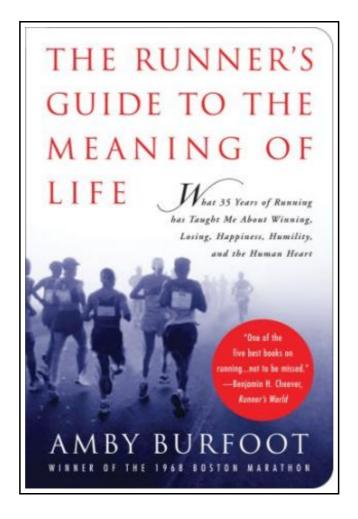
# The Runners Guide to the Meaning of Life



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## Reviews

A top quality ebook and the font used was fascinating to read through. It is writter in easy terms and not confusing. Its been written in an remarkably easy way in fact it is simply after i finished reading through this publication through which actually altered me, alter the way i believe. (Roberto Block)

### THE RUNNERS GUIDE TO THE MEANING OF LIFE



Skyhorse Publishing. No binding. Book Condition: New. Turtleback. 150 pages. Dimensions: 7.3in. x 5.2in. x 0.7in.C ited by Runners World magazine as one of the best books ever written on running, The Runners Guide to the Meaning of Life reveals as much about reaching your full potential as it does about sport. Boston Marathon winner Amby Burfoot, one of runnings wisest voices, presents 15 life lessons about passion, courage, materialism, failure, and regeneration, all learned during his more than 35 years of experience in running. He discusses a runners essential traitsqualities necessary for everyone striving to reach a long-term goalas well as the writing, music, and quotes that have continually inspired him. Most important, Burfoot explains that winners are not those who cross the finish line first, but those who discover more about themselves with every step. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Turtleback.

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