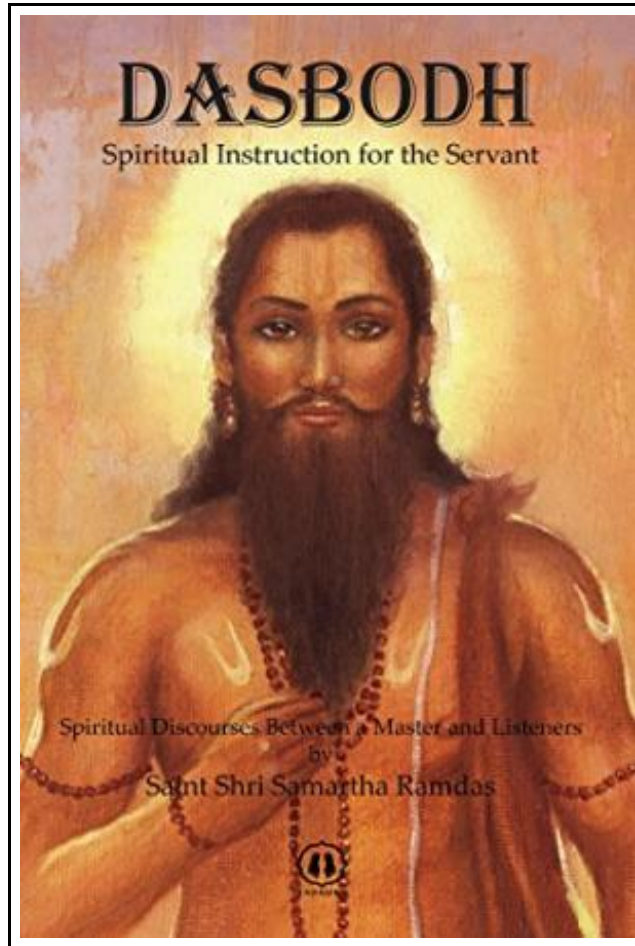


## Dasbodh: Spiritual Instruction for the Servant



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### ***Reviews***

*An exceptional book and also the font utilized was intriguing to read. This is for all who statte there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Prof. Tyson Hilpert)*

## DASBODH: SPIRITUAL INSTRUCTION FOR THE SERVANT



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Zen Publications, Mumbai, 2010. Soft cover. Book Condition: New. 23 cms. Dasbodh is a classic spiritual text that until recently has been largely unavailable in the West. The text was written in the late 17th Century by the great Saint, Shri Samartha Ramdas in the Marathi language. Marathi is the native language of Maharashtra State in India. The book was originally written in a poetic style and is presented in the format of a conversation between a Master and listeners. Many questions are answered and many doubts are cleared about non-duality and spiritual life. In Dasbodh, Samartha Ramdas presents the essence of many Vedic texts. This book is truly a manual for life, in the highest sense. It has been popular for many years in India and has only recently begun to receive recognition in the West. Dasbodh is somewhat unique among spiritual literature in that it not only expounds the classic themes of discrimination between the true and the untrue, detachment, devotion, and the nature of the Self that are commonly found in Vedic literature, but it also provides us with detailed instruction on how to function and excel in society from a place of deep spiritual understanding. Dasbodh is a large volume which is comprised of 20 Main Chapters, each consisting of 10 sub-chapters. Each of these sub-chapters varies in the number of stanzas, but averages around 30-35 stanzas per subchapter, with some being considerably longer. Contained within the chapters of Dasbodh, Ramdas clearly outlines and makes easy the path of liberation through Devotion and Knowledge. With his explanations, Ramdas is able to clear away doubts and give the understanding of ones True Self. Ramdas also reveals the true meaning and significance of discrimination and detachment, and provides detailed explanations of many of the fundamental principles of Advaita...



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