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## THE FAST METABOLISM DIET: LOSE UP TO 20 POUNDS IN 28 DAYS: EAT MORE FOOD \& LOSE MORE WEIGHT




#### Abstract

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Fast Metabolism Diet: Lose Up to 20 Pounds in 28 Days: Eat More Food \& Lose More Weight, Haylie Pomroy, Beverly Hills nutritionist Haylie Pomroy has a long list of loyal celebrity clients including Jennifer Lopez, Raquel Welch and Reese Witherspoon. With this book she reveals her red carpet secrets - and promises you can lose up to 20lbs in 28 days. On this plan you're going to eat a...


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## Reviews


#### Abstract

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